

THE LUMEN NEWSLETTER

Issue Apr 2024

The Lumenary Arts: Local Art Market

Celebrate World Art Day by surrounding yourself with some of the North East's most creative small businesses and artists!

Join us from 11AM to 6PM on Wednesday 17th April in The Lumen and browse the creativity of local artists such as Bethan Laker, Northern Sky Designs, and Alfie Joey, all while enjoying free tea, biscuits and coffee by Nespresso.

THE LUMENARY ARTS

**FREE
ENTRY**

17TH APRIL
11AM - 6PM

THE LUMEN
EAST GROUND UNIT

Day of Pink

Find the Craving Asian team at The Lumen reception on Wednesday 10th April from 11:30 AM to 3:30 PM with some exclusive pink Bolo Buns to raise awareness for International Day of Pink!

We expect the Bolo Buns to sell quickly so don't heistate in popping over to The Lumen.



Bolo Buns by Craving Asian



IWD-Branches of Inspiration at NTCA

Branches of Inspiration

In celebration of International Women's Day in March, NTCA invited their teams to write a 'leaf of reflection' about women who had inspired them. Alongside this mindful activity, NTCA also ran a week's worth of campaigns to fundraise for Newcastle Women's Aid!

Revitalise Your Ride

The Recyke Y'Bike team will be set up outside **The Lumen from 8AM to 2PM on Tuesday 23rd April**, choose a drop off and pick up time that works for you and let the helpful experts conduct a free bike MOT. Minor problems can be fixed on the spot and any major issues will be diagnosed and reported back to you. Sign up [HERE](#).



Alongside the free bike MOT, the Recyke Y'Bike team will also be bringing a selection of refurbished second-hand bikes that you can purchase and take home on the day! If you're looking to take advantage of the nicer weather and start cycling to work, this could be the perfect opportunity to get your hands on a bike for a reasonable price.



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THE
LUMEN