

THE LUMEN NEWSLETTER

Issue July 2024

Samaritans Awareness Day

On the 24th July, Samaritans will be raising awareness of their 24/7 services that are accessible by phone, email, letter and in person. The Samaritan's listening volunteers offer a safe, non-judgemental space for those who need to talk through whatever it is they are facing.

If you need to talk, contact the Samaritans at;

- 116 123 (free number)
- jo@samaritans.org

THE
BIG
LISTEN

Samaritans Awareness Day
24/7

Sunny 5K!

A big well done to the Hay & Kilner team who took part in The Chronicle Sunshine Fund 5K run on Wednesday 19th June! There is still time to donate

to this fantastic cause to help supply specialist equipment to improve the lives of disabled children. Donate [HERE](#)



Summer Scran

Find the perfect lunch-time scran this summer with Byte to Eat and The Lumen pop-ups. You can leave the boring sandwich at home with the July lineup!

**4TH
JULY**

Scream For Pizza

Serving fresh pizza outside The Core from 11:30AM to 2PM. You can leave your lunch at home and grab a slice from Scream for Pizza.

**11TH
JULY**

One Burgers

Smashing good burgers and mouth-watering fries and sides, get one of the best burgers in Toon from One Burgers on the 11th July from 11:30 AM to 2 PM outside The Core.

**18TH
JULY**

The Donut Lab

After completely selling out during their last pop-up, The Donut Lab is back with their unique and flavourful donuts. The Donut Lab will be set up in The Lumen reception from 11AM to 3PM - or until they sell out!

**25TH
JULY**

Itadeli

Get a little taste of Italy at The Lumen reception from 11:30AM where you'll find freshly made Cannoli by Itadeli in your favourite delicious flavours including chocolate, coffee, and pistachio.

**25TH
JULY**

Acropolis

Bringing authentic Greek street food to the North East, find the Acropolis food van outside The Core on the 25th June from 11:30 AM to 2 PM



0191 495 7400

reception@lumennewcastle.co.uk

THE
LUMEN